

Today's date: \_\_\_\_\_ Date of admission or service start: \_\_\_\_\_

| Type of review   |  | Estimated length of stay                                 |
|--|--|--|
| <input type="checkbox"/> Precertification <input type="checkbox"/> Continued stay <input type="checkbox"/> Discharge   |  | (days/units)   |
| Type of admission  |  |  |
| <input type="checkbox"/> Intensive outpatient <input type="checkbox"/> Mental health inpatient <input type="checkbox"/> Partial hospitalization program <input type="checkbox"/> Substance use detox in a hospital setting |  |  |
| Admission status   |  | Readmission within 30 days                               |
| <input type="checkbox"/> Voluntary <input type="checkbox"/> Involuntary commitment   |  | <input type="checkbox"/> Yes <input type="checkbox"/> No |

| Member information   |                 |              |
|--|-----------------|--------------|
| Last, first, middle initial:   | Date of birth:  |              |
| Address:   | Eligibility ID: |              |
| Emergency contact (other than primary caregiver):                    | Phone:          |              |
| Parent, guardian, or legal representative:                           | Phone:          |              |
| Provider information   |                 |              |
| Facility or provider name:   | NPI or tax ID:  | Provider ID: |
| Address:   | Attending M.D.: |              |
| UM Review contact:   | Phone:          |              |
| DSM-5 diagnoses (include mental health, substance use, and medical): |                 |              |
|  |                 |              |

| Medications             |        |           |              |   |
|-------------------------|--------|-----------|--------------|---|
| Medication name         | Dosage | Frequency | Date of last | Type of change  |
|                         |        |           |              | <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> D/C <input type="checkbox"/> New |
|                         |        |           |              | <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> D/C <input type="checkbox"/> New |
|                         |        |           |              | <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> D/C <input type="checkbox"/> New |
|                         |        |           |              | <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> D/C <input type="checkbox"/> New |
|                         |        |           |              | <input type="checkbox"/> Increase <input type="checkbox"/> Decrease <input type="checkbox"/> D/C <input type="checkbox"/> New |
| Additional information: |        |           |              |   |



**Presenting problem or current clinical update**  
 (e.g., suicidal ideation, homicidal ideation, psychotic symptoms, mood/affect, sleep, appetite, withdrawal symptoms, chronic substance use)

**Treatment history and current treatment participation**

Previous mental health or substance use inpatient, rehab, detox:

Outpatient treatment history:

Is the member attending therapy and groups?  Yes  No

Explain clinical treatment plan:

Family involvement and support system:

Substance use:  Yes  No

If yes, for mental health services only, please explain how substance use is being treated.

**Please complete below for current American Society of Addiction Medicine (ASAM) dimensions and/or submit with documentation for substance use detox.**

**Dimension rating (0 - 4)**  
 Current ASAM dimensions are required.

|   |                |
|---|----------------|
| <b>Dimension 1: Acute intoxication and/or withdrawal potential</b>                                      | <b>Rating:</b> |
| Substances used (pattern, route, last used):  |                |
| Tox screen completed? <input type="checkbox"/> Yes <input type="checkbox"/> No                          |                |
| If yes, results:  |                |
| History of withdrawal symptoms:   |                |
| Current withdrawal symptoms:  |                |
| <b>Dimension 2: Biomedical conditions and complications</b>   | <b>Rating:</b> |
| Vital signs:  |                |
| Is member under a health care provider's care? <input type="checkbox"/> Yes <input type="checkbox"/> No |                |
| Current medical conditions:   |                |
| History of seizures? <input type="checkbox"/> Yes <input type="checkbox"/> No                           |                |



**Dimension rating (0 - 4) continued**  
Current ASAM dimensions are required.

**Dimension 3: Emotional, behavioral, or cognitive conditions and complications**

**Rating:**

Mental health diagnosis:

Cognitive limits?  Yes  No

Psych medications and dosages:

Current risk factors (e.g., suicidal ideation, homicidal ideation, psychotic symptoms):

**Dimension 4: Readiness to change**

**Rating:**

Awareness and commitment to change:

Internal or external motivation:

Stage of change, if known:

Legal problems/probation officer:

**Dimension 5: Relapse, continued use, or continued problem potential**

**Rating:**

Relapse prevention skills:

Current assessed relapse risk level:  High  Moderate  Low

Longest period of sobriety:

**Dimension 6: Recovery and living environment**

**Rating:**

Living situation:

Sober support system:

Attendance at support group:

Issues that impede recovery:

**Discharge planning**

Discharge planner name and contact:

Residence address upon discharge:

Treatment setting and provider upon discharge:

Has a post-discharge seven-day follow-up aftercare appointment been scheduled?  Yes  No

If no, please explain:

If yes, please provide treatment provider name and date and time of scheduled follow-up:

Original March 2016